



ANNUAL Enriching Lives 5K RUN/WALK



• PRE-REGISTER ONLINE AT SEASHOREGARDENS.ORG OR ACTIVE.COM •

SUNDAY, APRIL 14, 2013 • RACE STARTS AT 9:00 AM!

RACE BEGINS AT RESORTS CASINO HOTEL, NORTH CAROLINA AVE AND THE BOARDWALK

REGISTRATION FORM

PROUDLY SPONSORED BY:



Name	Team Name if applicable - WALKERS ONLY	
Address		
City	State	Zip Code
Phone	Email	
Birthdate (MM/DD/YY)	Age on Race Day	Gender

Age and Gender information is REQUIRED for all runners.

I am entering: ☐ 5K Run ☐ 5K Walk ☐ TEAMS check here to be timed ☐ 1.5 mi untimed Health Walk ☐ Wheelchair racer

T-Shirt Size: ☐ S ☐ M ☐ L ☐ XL ☐ XXL

Note: All Pre-Registered Entrants will receive a T-shirt.

	COST	TOTAL
Registration by 4/12/13 deadline	\$25	_____
Registration on race day	\$30	_____
I am unable to participate, but would like to donate		_____

Mail completed registration form with check or money order to: Seashore Gardens Foundation, 22 West Jimmie Leeds Road, Galloway, NJ 08205 or register online by visiting www.seashoregardens.org and click on [read more](#) under the 5K Run/Walk information. Online registration must be completed by 4/7/2013

Signature _____

Parent's Signature (if under 18) _____

Please Note: This event will occur rain or shine. We reserve the right to cancel in extreme circumstances. In that event, there will be no refunds; rather your entry fee will be used as a donation to SGLC/MAPS.

WAIVER: In consideration of being permitted to participate in the SGLC/MAPS 5K Run/Walk, I hereby for myself, my heirs and personal representatives assume any and all risks which might be associated with this event. I further waive, release, discharge and covenant not to sue Seashore Gardens Living Center or MAPS, its offices, employees, sponsors, organizers, volunteers or other representative of their successors and assigns, for any and all injuries or damages of any kind whatsoever suffered as a result of taking part in the event and any related activities. I also agree to the use of any photo, film or videotape of the event for any purpose.

Race timing provided by AKSTS. Race results will be posted online the afternoon of the race.

AWARDS FOR 5K RUN

Top 3 Overall Male and Female:

1st Place
2nd Place
3rd Place

Awards will also be presented to the top male and female finishing in the following categories: Age Groups 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80+, Wheelchair Participants, Tortoise Award, Top Fundraising Team and Largest Team.

PLEDGE FORM

Donor's Name	Amount
_____	\$ _____
_____	\$ _____
_____	\$ _____
_____	\$ _____
_____	\$ _____
_____	\$ _____
_____	\$ _____
_____	\$ _____
TOTAL DONATIONS	\$ _____

All pledge forms, with money, may be turned in on event day at pledge table or send with checks or money orders payable to: Seashore Gardens Foundation, 22 W Jimmie Leeds Road, Galloway, NJ 08205. Mailed registration must be received by 4/7/2013 in order to receive your T-shirt.

For more information regarding the race or to find out about sponsorship opportunities, please contact Sharon D'Angio, Race Director, at dangios@seashoregardens.org or 609-748-4614.

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