15th Annual

SISTER BLISTER

5K run & 2 Mile Beach Walk

Benefits The Save Wildwood Catholic H. S. Fund

SUNDAY, JULY 3rd, 2011 STONE HARBOR, NJ

START & FINISH @ 80TH ST. RECREATION FIELD

5K @ 8:00 AM 2 MILE BEACH WALK @ 8:05 AM

REGISTRATION: Number pick-up/late registration 2:00 PM - 5:00 PM
@ 280 37th St., Avalon, NJ -Sat., July 2nd ONLY-
Race Day 6:30 AM - 7:45 AM @ Start/Finish
Entry fee is $15.00 by 6/29/11 $20.00 6/30/11 - 7/03/11
>> 3 RACE SPECIAL - enter The Turtle Trot & The Sister Blister THEN receive a discounted entry into the Stone Harbor Lions 10K/5K in August. <<

Tank Top T-Shirts to first 400 registered
Awards [5k ONLY/No Duplications-Must be present to receive]
Cash to 1st 3 overall and 1st Master (Male & Female)
Age Group awards to top 3 M & F: 14 & under 15-18 19-24 25-29
30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70 +

Lifeguard Competition: 5 members, 3 to score, top two teams receive awards individual entries plus $25.00

TO ENTER: **Checks payable to: Save WC, Inc.**
Mail to: **SISTER BLISTER 5K**
280 37th St., Avalon, NJ 08202
RACE INFO: Phone [609] 967-8082 EMAIL: run2win280@comcast.net

>>RACE DAY PARKING AVAILABLE AT STONE HARBOR BAY FRONT PARKING LOT<<
>>81st St. & BAY FRONT, 3/10 of 1 Mile FROM REGISTRATION<<

----------application may be photocopied----detach here to mail----------

PLEASE, CHECK ONE [ ] 5K [ ] WALK

Name_____ **M[ ] F[ ] Age on race day**_____
Please - Print CLEARLY

Permanent mailing address (if you want one next year)_____

City_____**State**_____**Zip**

Contact Phone _____ **Shirt Size M L XL (sorry, no small available)**

WAIVER. READ CAREFULLY AND SIGN, IN CONSIDERATION OF YOUR ACCEPTANCE OF THIS ENTRY, I HEREBY, FOR MYSELF, MY HEIRS, MY EXECUTORS AND ADMINISTRATORS, WAIVE ANY RIGHTS & CLAIMS FOR DAMAGES I MAY HAVE AGAINST THE SPONSORS, COORDINATING GROUPS & INDIVIDUALS ASSOCIATED WITH THE EVENT, THEIR REPRESENTATIVES, SUCCESSORS & ASSIGNS & WILL HOLD THEM HARMLESS FROM ANY INJURY SUFFERED IN THIS EVENT. ALSO NONE OF THE ABOVE ARE RESPONSIBLE FOR THE LOSS OF PERSONAL ITEMS NOR ANY OTHER FORM OF AGGRAVATION IN CONNECTION WITH SAID EVENT. I HAVE BEEN WARNED THAT I MUST BE IN GOOD HEALTH TO PARTICIPATE IN THIS EVENT. I ALSO GIVE PERMISSION FOR FREE USE OF MY NAME & PICTURE IN ANY BROADCAST, TELECAST OR PRINT MEDIA COVERAGE OF THIS EVENT.

Signature_____ **Parent/guardian if under 18**_____