SATURDAY JULY 30th, 2011 2 MILE RUN -- 6:15PM 4 MILE RUN -- 7PM

ENTRY FEES: \$18. BEFORE 7/23/11; \$20. THEREAFTER, INCLUDING RACE DAY. ALL ENTERIES MUST BE POSTMARKED BY 7/23/11.

AMENTITIES: FRUIT, BAGELS, DRINKS, WATER STOP (4 MILE COURSE), RESULTS, BEAUTIFUL SCENERY, 2 MILE -- INDIV. MEDALS TO TOP 25 OVERAL MALE / TOP 25 OVERALL FEMALE, 4 MILE -- MANY AGE GROUP AWARDS AND CUSTOM T-SHIRT GUARANTEED TO FIRST 300 RUNNERS. SPECIAL AWARD TO THE FIRST WILDWOOD CATHOLIC HIGH SCHOOL MALE/FEMALE GRADUATE IN 4 MILER.

LIFEGUARDS: TEAMS MAY HAVE UNLIMITED NUMBER OF RUNNERS, FIRST 5 SCORE. TO REPRESENT A BEACH PATROL, THE RUNNERS MUST BE BONAFIDE LIFEGUARD OR JR. LIFEGUARDS IN THE YEAR 2011. PLEASE SUBMIT TEAM ENTRIES COLLECTIVELY BY JULY 23, 2011.

REGISTRATION & PICK-UP: FROM 2PM AT 15TH AND THE BEACH.

ALL PROCEEDS GO TO WILDWOOD CATHOLIC CROSS COUNTRY AND TRACK & FIELD.

RACE APPLICATIONS AND RESULTS: www.sandblastbeachrun.net

6901 NEW JERSEY AVENUE, SUITE # 3

WILDWOOD CREST, NJ 08260

IN CONSIDERATION OF ACCEPTING THIS ENTRY , I , THE UNDERSIGNED , INTENDING TO BE LEGALLY BOUND, HEREBY , FOR MYSELF, EXECUTORS AND ADMINSTRATORS , WAIVE AND RELEASE ANY AND ALL RIGHTS AND CLAIMS FOR LOSSES AND DAMAGES THAT I MAY HAVE AGAINST THE RACE SPONSORS AND ORGANIZATORS, THE CITY OF NORTH WILDWOOD , THE CITY OF WILDWOOD , THE BOROUGH OF WILDWOOD CREST , WILDWOOD CATHOLIC HIGH SCHOOL , WILDWOOD CATHOLIC TRACK/CROSS COUNTRY BOOSTERS , DIOCESE OF CAMDEN , NORTH WILDWOOD BEACH PATROL , AND ALL OTHER PARTIES AND THEIR REPRESENTATIVES , SUCCESSORS , AND ASSIGNS FOR ALL AND ALL INJURIES SUFFERED BY ME IN SAID EVENT. I ATTEST AND VERIFY THAT I AM PHYSICALLY FIT AND HAVE TRAINED FOR THE COMPLETION OF THIS EVENT AND MY PHYSICAL CONDITION HAS BEEN VERIFIED BY A LICENSED MEDICAL DOCTOR. I KNOW THAT A BEACH RACE IS A POTENTIALLY HAZARDOUS ACTIVITY. I ASSUME ALL RISKS ASSOCIATED WITH RUNNING PARTICIPANTS , THE EFFECTS OF WEATHER , INCLUDING HIGH HEAT AND OR HUMIDITY AND CONDITIONS OF THE BEACH , ALL RISKS BEING KNOWN AND APPRECIATED BY ME. FUTHER , I HEREBY GRANT FULL PERMISSION TO ANY FOREGOING TO USE PHOTOGRAPHS , VIDEO TAPES , MOTION PICTURES , RECORDINGS , AND OTHER RECORDS OF THIS EVENT FOR ANY PURPOSE WHATSOEVER. **SIGN BEFORE PARTICIPATION** :

SIGNATURE: (PARENT OR GUARDIAN IF UNDER 18)	DATI	E: